

SAINTS INDOOR INVITATIONAL**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/25/2025****Results - Meet Order****Women 60 Meter Dash**

Newell FH: 7.49 F 1/21/2012 **Delphine Atangana**
Meet Record: 7.49 M 1/21/2012 **Delphine Atangana**
AARTFC: 8.05 A
LL: 8.40 L

Name	Yr	School	Prelims
Preliminaries			
1		Nkeka Pinheiro	C.A.N.I. Ath A X7.67Q
2		Fega Eruotor	C.A.N.I. Ath A X7.68Q
3		Jorai Oppong-Nkeitah	Ottawa Lions A X7.70Q
4		Kayla Vieux	C.A.N.I. Ath A X7.80Q
5		ShonDreya Smardon	C.A.N.I. Ath A X8.04q
6	FR	Sideka Reid	Ottawa U L 8.14q
7	SR	Doyin Ogunremi	Ottawa U L 8.24q
8	FR	Danica Mulvihill	Ottawa U L 8.27q
9	JR	Madison Wagner	Potsdam St. L 8.28
10	FR	Shiann Williams	Utica L 8.33
11	SO	Tatiana Pender	Ottawa U L 8.40
12	JR	Courtney Cenac	Ottawa U 8.47
13	FR	Kierra McGillvray	Carleton (On 8.58
14	FR	Isla Bougard Duncan	St. Lawrence 8.61
15	JR	Kaylyne Kabongo	Carleton (On 8.62
16	FR	Kasey Eaton	Plattsburgh 8.62
17	SO	Deja Davis	Plattsburgh 8.66
18	FR	Alexis McDonald	Plattsburgh 8.77
19	SO	Karissa Donnelly	Potsdam St. 8.88
20	FR	Gianna Libertore	Mvcc 9.13
21	JR	Caroline Hines	St. Lawrence 9.17
22	JR	Halla Chappell	St. Lawrence 9.32

Women 60 Meter Dash

Newell FH: 7.49 F 1/21/2012 **Delphine Atangana**
Meet Record: 7.49 M 1/21/2012 **Delphine Atangana**
AARTFC: 8.05 A
LL: 8.40 L

Name	Yr	School	Finals
Finals			
1		Jorai Oppong-Nkeitah	Ottawa Lions X7.58A
2		Nkeka Pinheiro	C.A.N.I. Ath X7.61A
3		Fega Eruotor	C.A.N.I. Ath X7.63A
4		Kayla Vieux	C.A.N.I. Ath X7.84A
5		ShonDreya Smardon	C.A.N.I. Ath X7.97A
6	FR	Sideka Reid	Ottawa U 8.12L
7	FR	Danica Mulvihill	Ottawa U 8.18L
8	SR	Doyin Ogunremi	Ottawa U 8.23L

Women 200 Meter Dash

Newell FH: 24.83 F 1/17/2004 **Michelle Burgher**
Meet Record: 25.06 M 1/19/2013 **Victoria McIntyre**
AARTFC: 26.30 A
LL: 28.00 L

Name	Yr	School	Finals
Finals			
1	SO	Arianna McClendon	Utica 27.70L
2	SO	Nyasia Marsh	Utica 27.97L

3	Emily Yousey	JR	Potsdam St.	28.15
4	Emma Robbins	SR	Potsdam St.	28.16
5	Jade Vivian	FR	Ottawa U	28.71
6	Emma Mahoney	FR	Plattsburgh	28.78
7	Meerah Eljaji	FR	Carleton (On	29.05
8	Danika Timothee	FR	Carleton (On	29.26
9	Lilly Messler	FR	Utica	29.35
10	Kierra McGillvray	FR	Carleton (On	29.50
11	Karissa Donnelly	SO	Potsdam St.	29.81
12	Emma Brosell	FR	St. Lawrence	30.19
13	Hannah Allison	SO	Utica	32.35
14	Gianna Libertore	FR	Mvcc	32.50
15	Kayleigh McCullen	FR	St. Lawrence	32.62
16	Samayah Coull	FR	Plattsburgh	34.61

Women 300 Meter Dash

Newell FH: 41.70 F 1/14/2017 **Marie Innocent**
Meet Record: 41.70 M 1/14/2017 **Marie Innocent**

Name	Yr	School	Finals
Finals			
1	SR	Doyin Ogunremi	Ottawa U 40.98F
2	SO	Tatiana Pender	Ottawa U 43.03
3	JR	Courtney Cenac	Ottawa U 43.15
4	FR	Michaela Appiah-Kubi	Carleton (On 43.50
5	JR	Kaylyne Kabongo	Carleton (On 46.63
6	SO	Olivia Jensen	Utica 49.71

Women 400 Meter Dash

Newell FH: 56.95 F 1/22/2005 **Bailey Lewis**
Meet Record: 57.31 M 1/29/2005 **Bailey Lewis**
AARTFC: 1:00.50 A
LL: 1:04.00 L

Name	Yr	School	Finals
Finals			
1	SO	Arianna McClendon	Utica 1:01.00L
2	FR	Shiann Williams	Utica 1:01.44L
3	JR	Emily Yousey	Potsdam St. 1:02.46L
4	FR	Isabella Scott	Plattsburgh 1:04.43
5	FR	Brianna Wise	Plattsburgh 1:05.15
6	FR	Lilly Messler	Utica 1:08.29
7	SO	Elena Trempe	St. Lawrence 1:11.70
8	FR	Kayleigh McCullen	St. Lawrence 1:11.86
9	SO	Adrianna Orlando	Potsdam St. 1:12.18

Women 600 Meter Dash

Name	Yr	School	Finals
Finals			
1	SR	Elliot Tyman	Ottawa U 1:44.14
2	FR	Janelle Allanach	Ottawa U 1:46.77
3	SO	Madison Lamarche	Ottawa U 1:50.94
4	FR	Caroline Young	Utica 1:59.98

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Women 800 Meter Run

Newell FH: 2:11.76 F 3/1/2003 Rachael Shine
Meet Record: 2:15.50 M 1/29/2005 Katie Engel
AARTFC: 2:23.00 A
LL: 2:28.00 L

Name	Yr	School	Finals
Finals			
1	Quinn Sirgany	SO St. Lawrence	2:26.26L
2	Grace Yarkosky	FR Plattsburgh	2:26.97L
3	Catherine Manna	FR Utica	2:29.63
4	Cameran Stone	JR St. Lawrence	2:30.89
5	Eleanor Waite	FR St. Lawrence	2:42.08
6	Madalyn Haaf	FR Utica	2:42.98
7	Adrianna Orlando	SO Potsdam St.	2:52.95
8	Natalie Hartmann	SR Potsdam St.	2:53.83
9	Meghan Sonnacchio	SR Utica	2:54.76
10	Emma Zacharewicz	SR Utica	3:08.04
11	Aislinn Hertle	JR Potsdam St.	3:51.24

Women 1 Mile Run

Newell FH: 4:56.79 F 2/24/2007 Grace Tilton
Meet Record: 5:00.84 M 1/14/2017 Megan Kellogg
AARTFC: 5:20.00 A
LL: 5:30.00 L

Name	Yr	School	Finals
Finals			
1	Avery Blanchard	FR St. Lawrence	5:22.34L
2	Adriana Cecchetelli	JR St. Lawrence	5:27.04L
3	Grace Estus	SO Plattsburgh	5:38.31
4	Ellie LeRoy	FR Plattsburgh	5:57.62
5	Nora Graves	SR St. Lawrence	5:59.00
6	Lexie Rostak	FR Plattsburgh	6:17.23
7	Brianna Salvo	JR Utica	6:39.17
8	Lorelie Houde	FR Ottawa U	6:43.56
9	Madeline Bresnan	CU Track & F	X7:32.71
10	Jasmine Connor	FR Mvcc	7:57.75

Women 3000 Meter Run

Newell FH: 9:54.08 F 3/1/2014 Amy Cymerman
Meet Record: 10:01.91 M 1/16/2016 Lisa Grohn
AARTFC: 10:40.00 A
LL: 11:00.00 L

Name	Yr	School	Finals
Finals			
1	Marlo Townsend	SO Utica	11:07.06
2	Paige Poirier	FR St. Lawrence	11:18.73
3	Carly Zack	SO St. Lawrence	11:28.63
4	Adeline Moore	SR St. Lawrence	12:11.87
5	Makayla Farmer	FR Potsdam St.	12:15.16
6	Jillian Head	FR Plattsburgh	12:46.26

Women 5000 Meter Run

Newell FH: 16:47.36 F 3/1/2003 Melissa White
Meet Record: 17:09.10 M 1/22/2011 Jodie Schoppmann
AARTFC: 18:50.00 A
LL: 20:00.00 L

Name	Yr	School	Finals
Finals			
1	Marissa Colvin	SO Plattsburgh	19:31.94L
2	Sarah Smith	SR Plattsburgh	19:47.37L
3	Ashley Wieland	SO St. Lawrence	21:03.83
4	Ella Stuttard	FR Plattsburgh	21:17.88
5	Isabelle Cunningham	FR Plattsburgh	21:23.34

Women 60 Meter Hurdles

Newell FH: 8.44 F 1/18/2014 Karelle Edwards
Meet Record: 8.44 M 1/18/2014 Karelle Edwards
AARTFC: 9.50 A
LL: 10.50 L

Name	Yr	School	Prelims
Preliminaries			
1	Stefania Grimaldi	SO Utica	L 9.91Q
2	Olivia Jensen	SO Utica	L 10.17Q
3	Amelia Berthold	JR St. Lawrence	L 10.06q
4	Marissa LeDuc	JR Plattsburgh	L 10.32q
5	Isabella Frick	FR Utica	L 10.43q
6	Elena Trempe	SO St. Lawrence	10.99q
7	Mikayla Khadijah	JR Plattsburgh	11.20q
8	Raven Winters	SR Potsdam St.	11.29q
9	Haley Piester	FR St. Lawrence	11.91

Women 60 Meter Hurdles

Newell FH: 8.44 F 1/18/2014 Karelle Edwards
Meet Record: 8.44 M 1/18/2014 Karelle Edwards
AARTFC: 9.50 A
LL: 10.50 L

Name	Yr	School	Finals
Finals			
1	Stefania Grimaldi	SO Utica	9.84L
2	Amelia Berthold	JR St. Lawrence	9.87L
3	Olivia Jensen	SO Utica	9.95L
4	Isabella Frick	FR Utica	10.15L
5	Marissa LeDuc	JR Plattsburgh	10.29L
6	Elena Trempe	SO St. Lawrence	11.15
7	Raven Winters	SR Potsdam St.	11.26

Women 4x200 Meter Relay

Newell FH: 1:45.15 F 12/14/2013
C Labarang, C Phillips, C Gardner, S DeCarufel
Meet Record: 1:47.63 M 1/14/2006 Queen's
S Colangelo, J Tam, F Hall, J Stanisz

Team	Relay	Finals
Finals		
1	Utica A	1:50.77
	1) Arianna McClendon SO	2) Nyasia Marsh SO
	3) Shiann Williams FR	4) Lilly Messler FR

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Finals ... (Women 4x200 Meter Relay)

Team	Relay	Finals
2 Potsdam St.	A	1:53.63
1) Emma Robbins SR	2) Emily Yousey JR	
3) Madison Wagner JR	4) Karissa Donnelly SO	
3 Carleton (Ont.)	A	1:55.39
1) Kierra McGillvray FR	2) Michaela Appiah-Kubi FR	
3) Meerah Eljaji FR	4) Kaylyne Kabongo JR	
4 Ottawa University	A	1:57.00
1) Tatiana Pender SO	2) Doyin Ogunremi SR	
3) Courtney Cenac JR	4) Sideka Reid FR	
5 St. Lawrence	A	2:07.57
1) Lyla Baldwin SO	2) Lydia Wamsganz JR	
3) Isla Bougard Duncan FR	4) Haley Piester FR	

Women 4x400 Meter Relay

Newell FH: 3:58.32 F 3/5/2005

B Boyd, A Tecco, E Huggler, J Bonelli

Meet Record: 3:59.55 M 1/22/2011 uOttawa

M Krech, C Lela, T Merrill, J Tousaw

AARTFC: 4:10.00 A

Team	Relay	Finals
Finals		
1 Plattsburgh St.	A	4:17.77
1) Isabella Scott FR	2) Emma Mahoney FR	
3) Brianna Wise FR	4) Grace Yarkosky FR	
2 St. Lawrence	A	4:44.23
1) Amelia Berthold JR	2) Elena Trempe SO	
3) Nora Graves SR	4) Emma Brosell FR	

Women Distance Medley

Newell FH: 11:51.09 F 2/28/2003

K Cravatta, L Janovich, E Maston, A Laytham

Meet Record: 12:09.44 M 1/29/2005 Ottawa Lions TC

K Engel, M Bishop, T Acton, D Woods

AARTFC: 13:10.00 A

Team	Relay	Finals
Finals		
1 St. Lawrence	A	13:05.70A
1) Quinn Sirgany SO	2) Cameran Stone JR	
3) Adriana Cecchetelli JR	4) Avery Blanchard FR	
2 Utica	A	14:56.98
1) Catherine Manna FR	2) Caroline Young FR	
3) Madalyn Haaf FR	4) Meghan Sonnacchio SR	

Women High Jump

Newell FH: 1.78m F 1/17/2004 Kristy Kerin

Meet Record: 1.70m M 1/15/2016 Marisa Turner

AARTFC: 1.57m A

LL: 1.45m L

Name	Yr	School	Finals
Finals			
1 Hannah Allison	SO	Utica	1.55mL
2 Jada Anthony	JR	Utica	1.45mL
3 Amelia Berthold	JR	St. Lawrence	1.45mL
3 Marissa LeDuc	JR	Plattsburgh	1.45mL

5	Annie Schneider	FR	Plattsburgh	1.35m
6	Isabella Frick	FR	Utica	1.35m

Women Pole Vault

Newell FH: 3.60m F 2/28/2014 Rebecca Graudons

Meet Record: 3.47m M 1/18/2014 Melinda Rock

AARTFC: 3.30m A

LL: 2.60m L

Name	Yr	School	Finals
Finals			
1 Cassondra Wood	SO	Utica	2.75mL
2 Amber Piersma	SO	Utica	2.60mL
3 Halla Chappell	JR	St. Lawrence	2.60mL
4 Isabella Frick	FR	Utica	2.45m
5 Nicole Calogero	FR	Mvcc	2.30m
6 Ava Whites	FR	Mvcc	2.15m

Women Long Jump

Newell FH: 5.84m F 2/28/2003 Kate De Puy

Meet Record: 5.48m M 1/22/2011 Ashlea Maddex

AARTFC: 5.30m A

LL: 4.90m L

Name	Yr	School	Finals
Finals			
1 Sara Wallace	FR	Ottawa U	5.12mL
2 Nyasia Marsh	SO	Utica	4.92mL
3 Emma Robbins	SR	Potsdam St.	4.69m
4 Madison Wagner	JR	Potsdam St.	4.64m
5 Sophia Bruce	SO	Utica	4.54m
6 Caroline Hines	JR	St. Lawrence	4.37m
7 Camdyn Cole	SO	Utica	4.35m
8 Isla Bougard Duncan	FR	St. Lawrence	4.31m
9 Emma Brosell	FR	St. Lawrence	4.25m
10 Jada Anthony	JR	Utica	4.18m
11 Leigha Soto	FR	Utica	4.16m
12 Deja Davis	SO	Plattsburgh	3.97m
13 Charlie Dulaney	FR	Ottawa U	3.81m
14 Alycia McKoy	FR	Mvcc	3.61m
--- Samiyah Coull	FR	Plattsburgh	FOUL

Women Triple Jump

Newell FH: 11.70m F 3/1/2014 Divya Biswal

Meet Record: 11.43m M 1/24/2009 Shannon O'Keeffe

AARTFC: 10.80m A

LL: 10.00m L

Name	Yr	School	Finals
Finals			
1 Sophia Bruce	SO	Utica	10.00mL
2 Alycia McKoy	FR	Mvcc	9.90m
3 Camdyn Cole	SO	Utica	9.42m
4 Leigha Soto	FR	Utica	9.41m
5 Caroline Hines	JR	St. Lawrence	9.17m
6 Isla Bougard Duncan	FR	St. Lawrence	9.00m
7 Eva Gaetano	FR	St. Lawrence	8.97m
8 Emma Brosell	FR	St. Lawrence	8.61m

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Women Shot Put

Newell FH: 15.22m F 1/18/2003 Caroline Larose
Meet Record: 14.39m M 1/31/2004 Carolyne Larose
AARTFC: 11.70m A
LL: 10.00m L

	Name	Yr	School	Finals
Finals				
1	Jessica Gyamfi	JR	Ottawa U	12.92mA
2	Brianna Asiamah	SR	Carleton (On	12.91mA
3	Ranasia Bailey	JR	Utica	9.63m
4	Charlie Dulaney	FR	Ottawa U	9.63m
5	Marissa LeDuc	JR	Plattsburgh	9.61m
6	Riley King	SO	Utica	9.59m
7	Harmony Sanders	FR	Plattsburgh	9.52m
8	Stefania Grimaldi	SO	Utica	9.26m
9	Lola Buckley	FR	St. Lawrence	9.10m
10	Hailey Hrouda	SO	Utica	8.94m
11	Adriana DeFelice	JR	Utica	7.99m
12	Tessy Huntley	FR	Plattsburgh	7.90m
13	Abbie Knaisch	JR	Utica	7.69m
14	Rylee Semco	JR	Potsdam St.	7.69m
15	Olivia Clark	FR	Utica	7.60m
16	Taygin Jump	SO	Plattsburgh	7.52m
17	Amelia Berthold	JR	St. Lawrence	7.42m
18	Rosemary Fleischmann	JR	St. Lawrence	7.39m
19	Eva Gaetano	FR	St. Lawrence	7.22m
20	Emma Marsillo	FR	Potsdam St.	7.13m
21	Alaina Conners	SR	Plattsburgh	6.63m
22	Chasity O'Connor	FR	Utica	6.59m
23	Isabella Frick	FR	Utica	6.33m

Women Weight Throw

Newell FH: 22.00m F 1/14/2017 Sultana Frizell
Meet Record: 22.00m M 1/14/2017 Sultana Frizell
AARTFC: 14.50m A
LL: 10.00m L

	Name	Yr	School	Finals
Finals				
1	Jessica Gyamfi	JR	Ottawa U	15.20mA
2	Riley King	SO	Utica	14.71mA
3	Hailey Hrouda	SO	Utica	13.86mL
4	Ranasia Bailey	JR	Utica	12.79mL
5	Taygin Jump	SO	Plattsburgh	12.52mL
6	Rosemary Fleischmann	JR	St. Lawrence	12.18mL
7	Veronica Tedford	FR	Carleton (On	11.40mL
8	Tessy Huntley	FR	Plattsburgh	11.23mL
9	Alaina Conners	SR	Plattsburgh	9.95m
10	Abbie Knaisch	JR	Utica	9.78m
11	Harmony Sanders	FR	Plattsburgh	9.74m
12	Amanda Hausle	JR	Utica	9.66m
13	Calyse Fairclough	JR	Carleton (On	9.55m
14	Rylee Semco	JR	Potsdam St.	9.49m
15	Eva Gaetano	FR	St. Lawrence	8.49m
16	Adriana DeFelice	JR	Utica	8.45m
17	Olivia Clark	FR	Utica	8.31m

18 Lola Buckley FR St. Lawrence 8.15m

Men 60 Meter Dash

Newell FH: 6.82 F 1/21/2012 Moussa Sissoko
Meet Record: 6.82 M 1/21/2012 Moussa Sissoko
AARTFC: 7.10 A
LL: 7.35 L

	Name	Yr	School	Prelims
Preliminaries				
1	Eliezer Adjibi		C.A.N.I. Ath	A X6.83Q
2	William Batley		C.A.N.I. Ath	A X6.89Q
3	Lionel Muteba		C.A.N.I. Ath	A X6.92Q
4	Braenen Jamal	SR	Limitless Er	A X6.96Q
5	Bertwin Ben-Smith		C.A.N.I. Ath	A X7.07Q
6	Isaiah Palmer		C.A.N.I. Ath	A X7.08Q
7	Zachary Bryant		C.A.N.I. Ath	A X7.10Q
8	Jonelle Halog		C.A.N.I. Ath	A X7.03q
9	Ange-Mathis Kramo		Ottawa Lions	A X7.07
10	Stephane Joseph		Limitless Er	A X7.10
11	Harold Songmene		C.A.N.I. Ath	L X7.11
12	Zion Brookes		C.A.N.I. Ath	L X7.14
13	Jordan Williams	JR	Plattsburgh	L 7.20
14	Joel Gurnsey	SO	Ottawa U	L 7.22
15	Jack Storm	FR	St. Lawrence	L 7.25
16	Shane Tinney	SR	Utica	L 7.25
17	Tanner Warren	SO	Utica	L 7.26
18	William Hauf	SR	St. Lawrence	L 7.30
19	Justin Rushia	FR	Plattsburgh	L 7.31
20	Julius James	SO	Plattsburgh	L 7.33
21	Ethan Kain	SR	Utica	7.36
22	Dominick Moore	FR	Utica	7.37
23	Alex Raji	FR	Ottawa U	7.37
24	Carter Daniels	SO	St. Lawrence	7.42
25	Ethan Cypress	FR	Plattsburgh	7.45
26	Charles Gartner	SR	St. Lawrence	7.45
27	Robert Lowry IV	FR	Utica	7.46
28	Bate Egbe		Unatt	X7.47
29	Jack Beauchesne	SO	St. Lawrence	7.48
30	Nyles Rogers	SR	Utica	7.50
31	Caleb Lutke	SO	Mvcc	7.60
32	Vinny Diodati	FR	Mvcc	7.61
33	Payton Bessette	FR	St. Lawrence	7.67
34	Harley Hugunine	FR	Utica	7.68
35	Kyle Williams	FR	Utica	7.70
36	Mike Olejarnik	SO	Mvcc	7.81
37	Jack Scauri	FR	Plattsburgh	7.85
38	Joseph Sabatino	FR	Utica	7.92
39	Mike Conway	SR	Carleton (On	7.99
40	Owen Theriault		CU Track & F	X8.04
41	James Page	FR	Potsdam St.	8.06
42	Akachi Akabogu	SO	Potsdam St.	8.11
43	Maximus Bedard	FR	St. Lawrence	8.20
44	Faris Webber	JR	Plattsburgh	8.21
45	Mike Manley	SO	Potsdam St.	8.22
46	Leon Doelle		CU Track & F	X8.61
---	Nino De Las Nieves	FR	Mvcc	FS

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Men 60 Meter Dash

Newell FH: 6.82 F 1/21/2012 Moussa Sissoko
Meet Record: 6.82 M 1/21/2012 Mouss Sissoko
AARTFC: 7.10 A
LL: 7.35 L

Name	Yr	School	Finals
Finals			
1		Eliezer Adjibi	C.A.N.I. Ath X6.78F
2		Lionel Muteba	C.A.N.I. Ath X6.96A
3		William Batley	C.A.N.I. Ath X6.96A
4		Jonelle Halog	C.A.N.I. Ath X6.98A
5		Isaiah Palmer	C.A.N.I. Ath X7.00A
6	SR	Braenen Jamal	Limitless Er X7.03A
7		Bertwin Ben-Smith	C.A.N.I. Ath X7.08A
8		Zachary Bryant	C.A.N.I. Ath X7.14L

Men 200 Meter Dash

Newell FH: 21.96 F 3/5/2005 Sherron Bullock
Meet Record: 22.20 M 1/23/2010 Oluwasegun Makinde
AARTFC: 22.60 A
LL: 23.50 L

Name	Yr	School	Finals
Finals			
1		Ange-Mathis Kramo	Ottawa Lions X22.31A
2	SO	Tanner Warren	Utica 22.62L
3	SO	Bodie Molnar	St. Lawrence 23.00L
4	SO	Caleb Young	St. Lawrence 23.07L
5	SR	Ethan Kain	Utica 23.30L
6	FR	Trystan Biller	St. Lawrence 23.50L
7	SO	Jack Beauchesne	St. Lawrence 23.72
8	SR	William Hauf	St. Lawrence 23.85
9	SO	Robert Scalessa	St. Lawrence 23.95
10	SR	Junior Oduro	Potsdam St. 24.10
11		Teddy Wagner	Unatt X24.17
12	SR	Shane Tinney	Utica 24.35
13	SO	Caleb Lutke	Mvcc 24.37
14	FR	Christian Barjon	Plattsburgh 24.52
15	SR	Charles Gartner	St. Lawrence 24.54
16	FR	Payton Bessette	St. Lawrence 24.78
17	SO	Brendan O'Horo	St. Lawrence 24.90
18	FR	Vinny Diodati	Mvcc 25.07
19	FR	Jack Sauri	Plattsburgh 25.65
20		Marcus Paderon	CU Track & F X25.81
21	SO	Mike Olejarnik	Mvcc 26.01
22		Owen Theriault	CU Track & F X26.02
23	FR	Nino De Las Nieves	Mvcc 26.14
24	FR	James Page	Potsdam St. 26.96
25	JR	Tristin Simmons	Potsdam St. 27.19
26	SO	Mike Manley	Potsdam St. 27.45
27		Leon Doelle	CU Track & F X29.16
---	JR	Jordan Williams	Plattsburgh DNF

Men 300 Meter Dash

Newell FH: 36.61 F 1/14/2017 Crawford Nick
Meet Record: 36.61 M 1/14/2017 Crawford Nick

Name	Yr	School	Finals
Finals			
1	SO	William Harris	Ottawa U 35.57F
2	FR	Ellis Urgent	Utica 35.75F
3	SO	Joel Gurnsey	Ottawa U 35.79F
4	FR	James Compeau	Ottawa U 35.93F
5		Stephane Joseph	Limitless Er X36.32F
6	JR	Nolan Flynn	Utica 37.11
7	SR	Braenen Jamal	Limitless Er X37.50
8	FR	Dominick Moore	Utica 37.70
9	SO	Evan Smith	Utica 38.61
10	SR	Mike Conway	Carleton (On 40.12
11	FR	Cade Tavares	Utica 40.76
12	FR	Harley Hugunine	Utica 40.93
13	FR	Sam Pfothenhauer	Carleton (On 42.42

Men 400 Meter Dash

Newell FH: 48.62 F 2/28/2004 Eric Theiss
Meet Record: 49.69 M 1/22/2011 Devin Biocchi
AARTFC: 50.50 A
LL: 53.00 L

Name	Yr	School	Finals
Finals			
1		Ange-Mathis Kramo	Ottawa Lions X49.75A
2	JR	Charles Cypress	Plattsburgh 49.80A
3	SO	Ryan Beltran	Plattsburgh 52.96L
4	FR	Dylan Keating	St. Lawrence 53.64
5	JR	Kristofer Mellor	St. Lawrence 53.81
6	SO	Isaiah Sobolewski	Mvcc 53.89
7		Teddy Wagner	Unatt X54.07
8	SR	Shifan Shaffe	St. Lawrence 54.15
9	SO	Robert Scalessa	St. Lawrence 54.28
10	FR	Joshua Gaboriault	Plattsburgh 54.65
11	FR	Jack Gregory	Plattsburgh 55.06
12	FR	Kyle Williams	Utica 57.32
13	0	James Lynch	CU Track & F X57.63
14	0	Frank Consolazio	CU Track & F X57.94
15	FR	Jayden Luton	Mvcc 58.23
16	SO	Sean Henley	Potsdam St. 1:01.07
17	FR	Michael Basset	Mvcc 1:05.29
18	FR	James Page	Potsdam St. 1:06.48

Men 600 Meter Dash

Name	Yr	School	Finals
Finals			
1	SR	Tristan Vargo	Utica 1:26.88
2	SO	Eddy Corporan	Utica 1:27.56
3	FR	Connor Pirkil	Utica 1:34.21
4	FR	Sam Pfothenhauer	Carleton (On 1:43.27
5	FR	Jayden Taylor	Mvcc 1:44.05
6	SO	Jack Schroeder	Potsdam St. 1:54.76

SAINTS INDOOR INVITATIONAL**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/25/2025****Results - Meet Order****Men 800 Meter Run****Newell FH: 1:53.21 F 3/1/2008 Justin Wager****Meet Record: 1:54.80 M 1/31/2004 Jon Kent****AARTFC: 1:57.50 A****LL: 2:00.00 L**

Name	Yr	School	Finals
Finals			
1	Cyrus Goetze	FR St. Lawrence	2:00.92
2	Nicholas Lyndaker	JR St. Lawrence	2:01.06
3	Timothy Boyce	JR St. Lawrence	2:02.70
4	Peter Stubler	SO St. Lawrence	2:03.12
5	Henry Baker	JR St. Lawrence	2:03.13
6	Matt DeJulio	SO Plattsburgh	2:04.03
7	Forest Martin	SO Utica	2:06.98
8	Timothy Jeralds	SO Utica	2:07.48
9	Frank Consolazio	0 CU Track & F	X2:13.74
10	Cameron Hoffis	FR Utica	2:15.07
11	Ben Lohmann	SO Utica	2:18.35
12	Nathan Sand	SO Utica	2:19.06
13	Kain Robinson	SR Potsdam St.	2:21.67
14	Connor Till	JR Potsdam St.	2:23.14
15	Isaac Stebbins	0 CU Track & F	X2:30.99
16	Alic Rock	SO Potsdam St.	2:33.78

Men 1 Mile Run**Newell FH: 4:10.54 F 3/1/2008 Peter Kosgei****Meet Record: 4:16.99 M 1/23/2010 Dan Ramsey****AARTFC: 4:23.00 A****LL: 4:28.00 L**

Name	Yr	School	Finals
Finals			
1	William Mcleish	SR Ottawa U	4:32.63
2	Anthony Leotta	JR Utica	4:36.69
3	Charles Beams	JR St. Lawrence	4:38.06
4	Tobias Jeralds	JR Utica	4:44.01
5	Owen Patry	JR St. Lawrence	4:47.53
6	James Lynch	0 CU Track & F	X4:50.25
7	JT Zimmerman	SR Plattsburgh	4:52.50
8	Bennan Lee	Ottawa Lions	X4:54.63
9	Riley Sawyer	0 CU Track & F	X4:57.15
10	Samuel Barney	SO Potsdam St.	5:04.06
11	Nathan Alexander	SO Plattsburgh	5:10.09
12	Josef Kaufman	JR Potsdam St.	5:41.41
13	Isaac Stebbins	0 CU Track & F	X5:41.47

Men 3000 Meter Run**Newell FH: 8:29.49 F 3/1/2008 Seth Dubois****Meet Record: 8:30.44 M 1/17/2003 Mike Woods****AARTFC: 8:47.00 A****LL: 8:50.00 L**

Name	Yr	School	Finals
Finals			
1	Christopher O'Donnell	24 Unatt	X8:51.66
2	Patrick Russell	JR St. Lawrence	8:54.75
3	Griffin Roeder	JR St. Lawrence	8:56.43

4	Colin Young	JR St. Lawrence	9:05.51
5	Ken Lorbetskie	Ottawa Lions	X9:10.48
6	Matthew Taylor	SR St. Lawrence	9:11.51
7	Zachary Brown	JR Utica	9:15.26
8	Henry Hagen	SO St. Lawrence	9:18.84
9	Cole Jacobsen	SO St. Lawrence	9:22.40
10	Kyle Gaffney	FR St. Lawrence	9:29.20
11	Joseph Santiago	SO Utica	9:45.34
12	Evan Humphrey	SO Utica	10:17.76
13	Benjamin Roach	JR St. Lawrence	10:56.27

Men 5000 Meter Run**Newell FH: 14:35.05 F 12/13/2008 Seth Dubois****Meet Record: 14:44.17 M 1/14/2006 Ted Turner****AARTFC: 15:25.00 A****LL: 15:35.00 L**

Name	Yr	School	Finals
Finals			
1	Bennett Melita	SO Utica	15:16.36A
2	Brockway Michael	Unatt	X16:05.53
3	William Chalfant	FR St. Lawrence	16:15.14
4	Galen Halasz	SO St. Lawrence	16:30.78
5	Zander Brown	SO Plattsburgh	16:33.71
6	Denali Rodriguez-Garnica	JR Plattsburgh	16:39.13
7	Brogan LaRose	FR St. Lawrence	17:12.56
8	Matthias Lauvau	SO Plattsburgh	18:07.52
---	John Stopera	FR Mvcc	DNF

Men 60 Meter Hurdles**Newell FH: 8.10 F 1/18/2014 Sekou Kaba****Meet Record: 7.99 M 1/17/2015 Sekou Kaba****AARTFC: 8.60 A****LL: 9.50 L**

Name	Yr	School	Prelims
Preliminaries			
1	Trystan Biller	FR St. Lawrence	L 8.88Q
2	Fabrice Nonez	SR Ottawa U	L 8.97Q
3	Reile Brian	Unatt	L X9.01q
4	Bate Egbe	Unatt	L X9.07q
5	Erik Marelli	FR St. Lawrence	L 9.11q
6	Cade Tavares	FR Utica	L 9.11q
7	Harley Hugunine	FR Utica	9.92q

Men 60 Meter Hurdles**Newell FH: 8.10 F 1/18/2014 Sekou Kaba****Meet Record: 7.99 M 1/17/2015 Sekou Kaba****AARTFC: 8.60 A****LL: 9.50 L**

Name	Yr	School	Finals
Finals			
1	Bate Egbe	Unatt	X8.81L
2	Trystan Biller	FR St. Lawrence	8.83L
3	Fabrice Nonez	SR Ottawa U	8.92L
4	Erik Marelli	FR St. Lawrence	8.99L
5	Reile Brian	Unatt	X9.06L
6	Cade Tavares	FR Utica	9.39L

SAINTS INDOOR INVITATIONAL

ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/25/2025

Results - Meet Order

Finals ... (Men 60 Meter Hurdles)

Name	Yr	School	Finals
7 Harley Hugunine	FR	Utica	10.09

Men 4x200 Meter Relay

Newell FH: 1:27.88 F 3/4/2005

O Makinde, M Robertson, D Biocci, T Makinde

Meet Record: 1:27.88 M 1/19/2013 uOttawa

O Makinde, M Robertson, D Biocchi, T Makinde

Team	Relay	Finals
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Finals

1	Ottawa University	A	1:32.42
	1) Joel Gurnsey SO	2) William Harris SO	
	3) James Compeau FR	4) Alex Raji FR	
2	St. Lawrence	A	1:36.44
	1) John Mahoney SO	2) Jack Beauchesne SO	
	3) Payton Bessette FR	4) Shifan Shaffe SR	
3	Mohawk Valley CC	B	1:40.32
	1) Vinny Diodati FR	2) Jayden Luton FR	
	3) Nino De Las Nieves FR	4) Jayden Taylor FR	
4	Mohawk Valley CC	A	x1:41.65
	1) Caleb Lutke SO	2) Isaiah Sobolewski SO	
	3) Aaron Johnson FR	4) Mike Olejarnik SO	

Men 4x400 Meter Relay

Newell FH: 3:22.19 F 3/5/2005

R Hussey, A Miles, J Taylor, A Campbell

Meet Record: 3:23.24 M 1/31/2004 University of Rochester

M Tierney, B Strandberg, G Dusek, C Clark

AARTFC: 3:27.00 A

Team	Relay	Finals
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Finals

1	St. Lawrence	A	3:30.64
	1) Caleb Young SO	2) Dylan Keating FR	
	3) Kristofer Mellor JR	4) Bodie Molnar SO	
2	Plattsburgh St.	A	3:37.81
	1) Ryan Beltran SO	2) Jack Gregory FR	
	3) Ethan Cypress FR	4) Charles Cypress JR	
3	Potsdam St.	A	4:09.36
	1) Matthew Reed SO	2) Connor Till JR	
	3) Kain Robinson SR	4) Sean Henley SO	

Men Distance Medley

Newell FH: 10:05.30 F 2/28/2003

B Cocca, J Ravener, B Mallette, G Wagner

Meet Record: 10:19.43 M 1/28/2006 Plattsburgh

J Cloke, T Santaniello, S Guthrie, M Deshane

AARTFC: 10:40.00 A

Team	Relay	Finals
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Finals

1	St. Lawrence	A	10:23.85A
	1) Timothy Boyce JR	2) Cyrus Goetze FR	
	3) Peter Stubler SO	4) Nicholas Lyndaker JR	
2	Utica	A	11:02.02
	1) Anthony Leotta JR	2) Tristan Vargo SR	
	3) Eddy Corporan SO	4) Bennett Melita SO	

---	Utica	B	DNF
	1) Tobias Jeralds JR	2) Evan Smith SO	
	3) Forest Martin SO	4) Timothy Jeralds SO	

Men High Jump

Newell FH: 2.14m F 12/8/2012 Kerrin Payne

Meet Record: 2.10m M 1/27/2007 Nick Stanisavljevic

AARTFC: 1.92m A

LL: 1.70m L

Name	Yr	School	Finals
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Finals

1	Mason Marin	FR	Ottawa U	1.90mL
2	Kaiden McCaskill	SO	Utica	1.85mL
3	Reile Brian		Unatt	X1.85mL
4	Jackson Hooper	FR	Plattsburgh	1.80mL
5	Michael Smigen	SO	St. Lawrence	1.75mL
6	John Mahoney	SO	St. Lawrence	1.70mL
7	Theodore Tsamis	SO	Utica	1.70mL
8	Brogan McGorray	JR	St. Lawrence	1.65m
8	Tyler Baker	SO	Plattsburgh	1.65m
10	Joseph Sabatino	FR	Utica	1.65m
11	Locke Gerken	SO	Plattsburgh	1.60m
12	Tucker Hall	FR	St. Lawrence	1.55m
---	Faris Webber	JR	Plattsburgh	NH

Men Pole Vault

Newell FH: 4.95m F 12/10/2011 Ryan Pericozzi

Meet Record: 4.85m M 1/22/2011 Mike Dempsey

AARTFC: 4.45m A

LL: 3.80m L

Name	Yr	School	Finals
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Finals

1	Aaron Johnson	FR	Mvcc	3.95mL
2	Brendan O'Horo	SO	St. Lawrence	3.95mL
3	Theodore Tsamis	SO	Utica	3.50m
4	Matthew Martinez	FR	Utica	3.50m
5	Faris Webber	JR	Plattsburgh	3.05m
6	Brogan McGorray	JR	St. Lawrence	2.45m
---	Tucker Hall	FR	St. Lawrence	NH

Men Long Jump

Newell FH: 7.07m F 1/26/2002 Ohene Cornelius

Meet Record: 6.96m M 1/19/2019 Gordon White

AARTFC: 6.65m A

LL: 6.10m L

Name	Yr	School	Finals
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Finals

1	Ellis Urgent	FR	Utica	6.63mL
2	Isaiah Ritter	SO	Plattsburgh	6.27mL
3	Brogan McGorray	JR	St. Lawrence	6.16mL
4	Tyler Baker	SO	Plattsburgh	6.14mL
5	Trevon Mitchell	FR	Plattsburgh	6.14mL
6	John Mahoney	SO	St. Lawrence	5.97m
7	Jack Storm	FR	St. Lawrence	5.95m
8	Erik Shattenberg	FR	St. Lawrence	5.93m
9	Patrick Wands	FR	Utica	5.73m

SAINTS INDOOR INVITATIONAL**ST. LAWRENCE UNIVERSITY / NEWELL FIELD HOUSE - 1/25/2025****Results - Meet Order****Finals ... (Men Long Jump)**

	Name	Yr	School	Finals
10	Justin Couture	FR	Utica	5.60m
11	Nino De Las Nieves	FR	Mvcc	5.48m
12	Tucker Hall	FR	St. Lawrence	5.33m
13	Joseph Sabatino	FR	Utica	5.01m
14	Marcus Paderon		CU Track & F	X4.98m
15	Zane Moussa	SR	Potsdam St.	4.82m
16	Faris Webber	JR	Plattsburgh	4.76m
17	Mike Manley	SO	Potsdam St.	4.74m
18	Leon Doelle		CU Track & F	X4.07m
19	Ryan Williams	SO	Plattsburgh	3.65m

Men Triple Jump**Newell FH: 14.99m F 3/1/2003 Allen Simms****Meet Record: 14.99m M 1/22/2011 Allen Simms****AARTFC: 13.40m A****LL: 12.00m L**

	Name	Yr	School	Finals
Finals				
1	Justin Couture	FR	Utica	12.62mL
2	Erik Shattenberg	FR	St. Lawrence	11.65m
3	Michael Smigen	SO	St. Lawrence	11.41m
---	De'Andre Watson	SO	Plattsburgh	FOUL
---	Kaiden McCaskill	SO	Utica	FOUL

Men Shot Put**Newell FH: 16.63m F 3/5/2005 Matt Kuenzel****Meet Record: 16.39m M 1/22/2022 Marcus Dozier****AARTFC: 14.40m A****LL: 12.00m L**

	Name	Yr	School	Finals
Finals				
1	Hunter Logan	SR	Utica	15.50mA
2	Billie Mays III	SR	Utica	13.85mL
3	Michael McNeil	SR	Utica	13.52mL
4	Michael Rollins	SR	Utica	12.66mL
5	Thomas Dunn	SR	Utica	12.39mL
6	Edward Haeffer	SO	Utica	12.35mL
7	Chris McAfee		Unatt	X11.76m
8	Matthew Brinck	FR	St. Lawrence	11.42m
9	Tate Lehman		CU Track & F	X11.36m
10	Erik Schneider	JR	St. Lawrence	11.31m
11	Luc Viens		CU Track & F	X11.22m
12	Mark Kozub	JR	Potsdam St.	11.14m
13	Sami Abu Mahfuz	FR	Ottawa U	11.11m
14	Faris Webber	JR	Plattsburgh	11.08m
15	Zane Moussa	SR	Potsdam St.	11.07m
16	Noah Wade	FR	St. Lawrence	10.97m
17	Quinn Jennings	SO	Mvcc	10.94m
18	Nathan Webber	FR	Plattsburgh	10.36m
19	Zane Stevens	JR	Potsdam St.	9.80m
20	Zachary Stevens	FR	Plattsburgh	9.79m
21	Tucker Hall	FR	St. Lawrence	9.40m
22	Cooper Ladouceur	JR	Potsdam St.	9.32m
23	Chandler Baxter	SO	Plattsburgh	9.21m

24	Manny Olivier	FR	Plattsburgh	9.02m
25	Trent Bunker	SO	Mvcc	8.96m
26	Thomas Konnick	JR	Plattsburgh	8.80m
27	Brogan McGorray	JR	St. Lawrence	8.74m
28	Lance Frayler	SO	Potsdam St.	8.71m
29	Jack Carola	FR	Potsdam St.	8.51m
30	Wyatt Poynter	SO	Mvcc	8.14m
31	Jack Schroeder	SO	Potsdam St.	6.93m

Men Weight Throw**Newell FH: 21.69m F 12/9/2006 Jesse Doty****Meet Record: 20.79m M 1/28/2006 Jesse Doty****AARTFC: 15.50m A****LL: 12.00m L**

	Name	Yr	School	Finals
Finals				
1	Spencer Borghardt	JR	Utica	16.43mA
2	Joshua Talbot	JR	Utica	15.28mL
3	Blake Gannon	FR	Utica	14.99mL
4	Quinn Jennings	SO	Mvcc	14.15mL
5	Tate Lehman		CU Track & F	X13.82mL
6	Zane Moussa	SR	Potsdam St.	13.58mL
7	Erik Schneider	JR	St. Lawrence	13.41mL
8	Nathan Webber	FR	Plattsburgh	13.32mL
9	Michael Blenis	FR	Utica	12.71mL
10	Matthew Brinck	FR	St. Lawrence	12.42mL
11	Zachary Stevens	FR	Plattsburgh	11.87m
12	Edward Haeffer	SO	Utica	11.30m
13	Noah Wade	FR	St. Lawrence	10.42m
14	Trent Bunker	SO	Mvcc	10.28m
15	Manny Olivier	FR	Plattsburgh	10.20m
16	Chandler Baxter	SO	Plattsburgh	9.41m
17	Maximus Bedard	FR	St. Lawrence	7.69m
---	Michael Rollins	SR	Utica	FOUL

Women - Team Rankings - 17 Events Scored

1)	Utica	207
2)	St. Lawrence	130.5
3)	Plattsburgh St.	98.5
4)	Ottawa University	69
5)	Potsdam St.	45
6)	Carleton (Ont.)	19
7)	Mohawk Valley CC	15

Men - Team Rankings - 17 Events Scored

1)	St. Lawrence	232.5
2)	Utica	165
3)	Plattsburgh St.	75.5
4)	Ottawa University	38
5)	Mohawk Valley CC	25
6)	Potsdam St.	12